

General Information

- In 2006, Texas had an estimated total population of more than 23.5 million. It was estimated that there were more than 1.1 million adults in Texas living with asthma in 2005.
- Several cities appear on the list of “Most Challenging Places to Live with Asthma” in the Asthma and Allergy Foundation of America 2007 Asthma Capitals rankings: San Antonio (#11), McAllen (#27), Dallas-Ft. Worth (#36), Houston (#38), El Paso (#42) and Austin (#47)
- In 2005, nearly a quarter of Texas adults who currently have asthma had at least one visit to the emergency room or urgent care center for treatment of their asthma in the past 12 months

Standout Findings from the Asthma G.A.P. Survey*

- Texas residents are **less likely** than the nation as a whole to identify the following treatments as effective measures to reduce the symptoms and effects of asthma:
 - Avoiding triggers that can cause an attack (76% vs. 84%)
 - Taking preventive medications such as controller medication on a daily basis (71% vs. 81%)
 - Treating attacks as they occur by using short-term, fast acting medication (70% vs. 76%)
 - Exercise (61% vs. 68%)
 - Relaxation (68% vs. 75%)
- Texas residents are **less likely** than the nation as a whole to report that they have been diagnosed by a health professional with asthma (7% vs. 12%)
- Texas residents are **less likely** than the nation as a whole to identify a person in control of their asthma as one who “takes controller/maintenance medications everyday” (62% vs. 72%)

*Ipsos conducted the telephone survey on behalf of AAFA and AstraZeneca between January 22, 2007, and March 4, 2007, among 4,042 U.S. adults 18 years of age and older. This included a nationally representative sample of 2,029 Americans with or without asthma (849 men and 1,180 women), and an additional 1,287 randomly selected adults to achieve representative samples of 200 or more adults in each of the 12 “key” states (Texas, n=210).