

General Information

- In 2006, Massachusetts had an estimated total population of more than 6.4 million. It was estimated that there were more than 474,000 adults in Massachusetts living with asthma in 2005.
- Two cities appear on the list of “Most Challenging Places to Live with Asthma” in the Asthma and Allergy Foundation of America 2007 Asthma Capitals rankings: Boston (#37) and Springfield (#55)
- In 2005, Middlesex had more than 110,000 adults who were living with asthma, which put it at one of the highest levels in the state

Standout Findings from the Asthma G.A.P. Survey*

- Massachusetts residents are **less likely** than the nation as a whole to describe a person who is in control of their asthma as someone who “is free of asthma symptoms for a week” (45% vs. 53%)
- Massachusetts residents are **less likely** than the nation as a whole to identify vaccination as an effective measure to reduce the symptoms and effects of asthma (30% vs. 38%)
- Massachusetts residents are **more likely** than the nation as a whole to report that they have experienced coughing in the past year (51% vs. 43%)
- Massachusetts residents are **more likely** than the nation as a whole to report that they experience asthma symptoms during winter (34% vs. 24%)

*Ipsos conducted the telephone survey on behalf of AAFA and AstraZeneca between January 22, 2007, and March 4, 2007, among 4,042 U.S. adults 18 years of age and older. This included a nationally representative sample of 2,029 Americans with or without asthma (849 men and 1,180 women), and an additional 1,287 randomly selected adults to achieve representative samples of 200 or more adults in each of the 12 “key” states (Massachusetts, n=200).